

Subject:	Dance Intent:
<b>DANCE</b>	The aim of <b>Key Stage 3 Dance</b> is to help to promote a culture of creativity, with all learners feeling valued. Students will learn how to perform and choreograph within small groups. They will study dance through a variety of styles, themes and approaches. Each student is encouraged to be their best regardless of their previous experience. Students will learn simple contact moves and learn short phrases that are then developed by the students to push their creativity.

### The Big Questions...

Year 7	Year 8	Year 9
<ul style="list-style-type: none"> <li>- <b>Actions, Dynamics and Space:</b> What are actions, space and dynamics? How can we use them to express a dance idea? How can choreography be exciting through use of formations, pathways, levels and extreme changes in dynamic quality?</li> <li>- <b>Cultural dance:</b> What is Bhangra dance? Where did it originate and why was it performed? How can Bhangra dance challenge my co-ordination and stamina? Success come through the use of 'systematic repetition'... what does this mean?</li> <li>- <b>Expressing a theme:</b> How can we express the physical and mental skills shown by soldiers at war? How does the BalletBoyz explore these themes? How can I move into and out of the floor safely?</li> <li>- <b>Chance Dance and Street Art:</b> How can the use of probability and rolling a dance help shape a dance piece? How can the idea of 'Street Art' create exciting and unusual dance moves?</li> </ul>	<ul style="list-style-type: none"> <li>- <b>Ensemble dance:</b> What are the characteristics of a Brazilian Street Carnival? How can this be shown in a whole class performance? The use of repetition can be effective, how could movements be repeated with variation? What is Capoeira?</li> <li>- <b>Dynamics:</b> How can actions and dynamics be used to express a robotic/mechanical quality? What is a motif? How can a motif be developed? What are isolations?</li> <li>- <b>Contact Dance:</b> What is contact dance? Why is important to trust someone when working in contact?</li> <li>- <b>Contemporary Dance:</b> How can I move in and out of the floor being in contact? How can you add in contact skills you have learnt to make a short dance piece with a dramatic edge to it?</li> </ul>	<ul style="list-style-type: none"> <li>- <b>Musical Theatre Performance/Jazz:</b> What is Musical Theatre/Jazz dance? What are the characteristics of this dance style? What makes an effective performance for a live audience?</li> <li>- <b>Cultural Dance (African/Bollywood):</b> What are the characteristics of this dance style? How can I challenge myself to make my performance look effective?</li> <li>- <b>Contemporary Dance Performance:</b> What is Insomnia? How can this be expressed through movement? How can a pillow enhance the choreography?</li> <li>- <b>Responding to a stimulus:</b> What is a stimulus? How do I find out more about the stimulus? How can I plan a dance idea? What key skills need to be included at GCSE level?</li> </ul>

#### What skills will I develop?

- When studying dance, you will develop LIFE skills. You will learn how to co-operate with others, how to manage your time effectively to achieve goals, you will learn to use your initiative as well as develop your leadership skills.
- You will lead a healthy lifestyle; you will develop your physical skills e.g. stamina, strength, flexibility and co-ordination
- You will enhance your well-being by working a creative way, facing new challenges that you might not have studied before and building your self esteem

#### What great resources can I use?

- <https://www.onedanceuk.org/>
- <https://www.thepointeastleigh.co.uk/participate/dance-training/hampshire-youth-dance-company/>
- <http://zambesidance.co.uk/>

#### How will I be assessed?

At Key Stage 3 work practical work is regularly assessed through the completion of a performance of range of choreography tasks that are marked in the lesson. At the end of each term, students' complete tests on ShowMyHomework to test subject knowledge and understanding. Teacher feedback is always given so that pupils can improve their work before moving on to the next section of the course.

#### Three ways that parents/carers can help...

1. Encourage them to want to do well regardless of their interest or experience – Dance is for all!
2. Look out for Dance on television... it's everywhere!
3. Encourage your child to get involved in lunchtime clubs, House Dance and local dance competitions that the school enter into